Rethinking Asian American



identity

Katie Thepkaisone

Edgar, Jimmy. *"Asian Model"* 2008.

© 2024. This Work is Openly Licensed Via CC BY 4.0

TABLE OF CONTENTS

Table of Contents 1

About the Author 3

SECTION 1: IDENTITY

What is Identity? 4

An Example of Identity 5

Activity: Identity Venn Diagram 6

Other Identities 7

Differentiating Race & Ethnicity 8

Activity: Identity Through Art 9

SECTION 2 ORIENTALISM AND ANTI-ASIAN RACISM

"Asian American": A Response to Racism, Xenophobia, Orientalism, and Empire 10

Orientalism 11

Enforced Stereotypes 12

Anti-Asian Racism 13

Activity: Identity Through Art 14

SECTION 3 WHAT IS ASIAN AMERICAN

Activity: How do You Define an American/Asian/Asian American 15

Misconceptions: Asian American VS. an Asian in American 16

Thinking About: Xenophobia 17

Asian Immigration 18

TABLE OF CONTENTS

Differences of Asian Immigration 20

Activity: Your Family's Story 21

Activity: Identity Through Art 22

Asian Americans You May be Familiar With 23

Activity: Crossword Puzzle 25

SECTION 4 ASIAN AMERICAN IDENTITIES

Specificity of Asian American Identity 26

Asian American Struggle For Identity 27

Activity: What You Wish People Knew About You 29

Activity: How Do You Define Yourself Now? 30

Tying it All Together 31

Activity: End of The Year Reflection 32

Glossary 33

Crossword Puzzle Answers 35

Works Cited 36

Personal Resources 37



ABOUT THE AUTHOR



My name is Katie, a first-generation, Laotian-American undergrad at UCSB - studying Bio-Psychology with a minor in Asian American Studies. With Asian American studies, my interest lies in the intersection of identity, education, and awareness. I aim to challenge stereotypes, and empower Asian American students to find their identity through education and breaking barriers.

I hope this project inspires you to dig deeper into your own identity and gain a richer understanding of yourself, while exploring the Asian American Studies and the history of Asian Americans. By engaging with this growing field of study, we can break the boundaries that have confined our narratives, and redefine how our stories are told.

Sincerely,
Katie

WHAT IS IDENTITY?

Identity means “the distinguishing character or personality of an individual,” (Merriam Webster).

Identity acts as a way to define the many characteristics about yourself, but what does this really entail? Identity covers the traits, affiliations, and experiences that shape how you see yourself and how others perceive you. Identity is not just a label, as it’s a dynamic framework that provides a sense of self, belonging, and purpose in the world. It reflects both individual uniqueness and connections with others.

All identities are ***fluid***, constantly evolving as it reflects the dynamics of how you perceive yourself and how society perceives you. Fluidity displays the change overtime of how one may *feel* and *relate* to certain identities they hold. These changes can be due to environmental factors - **societal norms**, expectations, personal events, sudden changes in emotions, etc.

How a person defines and interprets their different identities may vary, and this represents the journey an individual takes to evolve their identity into something fitting for them to define.

AN EXAMPLE OF IDENTITY

"My mother is Chinese, my father is American. I spent my childhood on the tropical island of Taiwan. Years later, when we moved to the States, I would become obsessed with how others would perceive me. In many ways those memories growing up in Taiwan really formed my identity and left a strong impression on who I am today, even after making my own path all these years later. My identity has become one of the things I've thought about my entire life." Josh Cochran



Read This!:

The "*What We Look Like" article contains different stories of Asian American experiences. It highlights the diversity and uniqueness of Asian Americans.*

Link: What We Look Like, *NY Times*

ACTIVITY

Below, you will fill out the sections of the Venn diagram with identities/things you identify with. Put the identity you think fits best. The overlapping portions are designated for combinations of the specific sections. Some examples of identity that may be used (but not bound to):

- Asian American
- Languages
- Race
- Ethnicity
- Sexuality
- Religion
- Class
- Gender

- Birth Order (ie: middle child)
- Sports
- Hobbies
- Interests



OTHER IDENTITIES

Besides one's Asian American identity, there are multiple other social identities an individual may relate to, not know much about, or want to explore.

Take the time to review the following videos on this page to learn more about the main social identities (age, ability, ethnicity, race, gender, socioeconomic status, religion, and sexual orientation), the different sexualities, and gender identity.

Watch This!:

Review the 8 main social identities: age, ability, ethnicity, race, gender, socioeconomic status, religion, and sexual orientation.

Link: 8 Examples of Social Identities (Race, Gender, etc.)

Watch This!:

Learn more about the different sexualities. this video includes an overview of bisexuality, homosexuality, heterosexuality, pansexuality, polysexuality, asexuality, gray-asexuality, demisexuality, androsexuality, and gynosexuality.

Link: 10 Sexualities To Know About

Watch This!:

A video that discusses *gender identity* - sense of being a male, female, or somewhere in between. The video discusses the idea of *gender expression*, how one may display their gender.

Link: Range of Gender Identities

DIFFERENTIATING RACE & ETHNICITY

Race and ethnicity are similar concepts that shape the Asian American identity, as they are *socially constructed* and *fluid*. Society differentiates **race** of individuals based on physical characteristics, such as skin color. **Ethnicity**, on the other hand, is about the shared cultural practices, traditions, language, and heritage that individuals connect with or embrace.

The social construction of these identities reflect the societal perceptions and stereotypes, as well as the ways Asian Americans relate to their cultural and racial identities over time. This *fluidity* is highlighted through the concept of **panethnicity**, where an individual may feel like their diverse ethnic identity should be represented as a collective identity with other ethnic groups, like an “Asian American.”

Understanding the fluid and constructed nature of race and ethnicity allows for a more clear approach to identity - one that acknowledges the differences and embraces personal belonging, rather than a simplification based on societal norms and means.



Rod Waddington. "*Hmong*" Licensed under CC BY-SA 2.0.

By doing so, Asian Americans can redefine their identity on their own terms, resisting the stereotypes and limitations imposed by society.

ACTIVITY

Identity Through Art



Raish, Jason. *"Asian American Identity"* 2017 Courtesy of the artist. CC BY-NC-SA 2.0.

Artist, Jason Raish, is a Korean-born American that illustrated this painting. Answer the following questions: what does this say about Asian American identity, how does this made you feel, and what do you think this artist is trying to say?

"ASIAN AMERICAN": A RESPONSE TO RACISM, XENOPHOBIA, ORIENTALISM, AND EMPIRE

Asian American identity was formed in the past as an act of political and social action for the broad community of Asians in America (1960s). This moment in history shifted the perspective of Asians, as they were not fighting to recognized as *Americans* as well. This brought unity for all Asian ethnic groups in America during this time period, and thus our Asian American ancestors have shaped their own identity and label as more Asians came to the U.S. permanently. However, the West today is using the term "Asian American" in a more simplistic manner, grouping *all* Asian Americans into the same stereotypes, assumptions, and *overall identity.*



Tseng Kwong Chi *National Portrait Gallery, Smithsonian Institution.* © 1979, Muna Tseng Dance Projects, INC.

ORIENTALISM

Read This!:

More about Orientalism. This article goes into depth about how the West dominated Asian religion and cultures, and simplified it into their own version that misappropriated the originals.

Link: What Is Orientalism? A Stereotyped, Colonialist Vision of Asian Cultures, *Teen Vogue*

Orientalism is a term created by Edward Said: "Western style for dominating, restructuring, and having authority over the Orient (East)" by making and insisting on a distinction between the "Orient" and Occident (West) where the West is superior to the East.

Portrayed in media and politics, America views the East and Asians as a group that is "uncivilized," dangerous, or exotic. These misconceptions have harmed Asian Americans historically and in the present, as they are not seen as equal. American Orientalism also collapses differences between Asian cultures and nations and stereotypes Asians as inferior. The picture on the right gives an example of the different stereotypes the West has formed.



Boston Public Library. *"Orient calls"* Licensed under CC BY-NC-ND 2.0.

ENFORCED STEROTYPES

Asian Americans continue to face enforced stereotypes, including the "**model minority**" myth, which assumes universal success, obedience, and socio-economic stability among all Asian American groups and individuals. However, these **stigmas** obscure the diversity within Asian American communities and create harmful assumptions and expectations about their experiences (Kiang, 2017).

Beyond the "model minority", Asian Americans are also burdened with stereotypes like being **perpetual foreigners,** where Asian Americans are seen as outsiders who do not belong. regardless of how many generations their families have lived in the U.S.. These stereotypes erase the struggles of communities that face poverty, language barriers, and and more. In all, these assumptions constrain Asian Americans representation, ridding their individuality and struggles.



Elvert Barnes, "*Stop Asian Hate IMG 2194 (51082857751)*" Licensed under CC BY-SA 2.0.

ANTI-ASIAN RACISM

Events, such as the CoViD-19 pandemic, further intensified challenges for Asian Americans, as it fueled xenophobia. Many non-Asians began to point fingers at any individual of Asian descent as a way to blame them for the pandemic. This action was nonetheless pure racism and assumed stereotypes that were encouraged by the mass media.

This wave of hate led to a rise in anti-Asian violence and discrimination. These actions reinforced the harmful stereotype, unfairly associating Asians with disease and danger. This stereotyping put many lives at risk and also created feelings of alienation and fear.

There are many factors that play a role in how Asian American are viewed. With this in mind, we must be aware of all of these misconceptions in order to stray away from them and create a better understanding of your identity, different than the American perspective.



Kristyn Wong-Tam. *"Stop Asian Hate Rally"* Licensed under CC BY-NC-SA 2.0.

Watch This!:

Multiple Asian Americans of different cultures are asked how they think others see them. In response, the participants gave examples of conversations they had in the past. They highlight many stereotypes they faced, and how they feel defined by their physical looks and cultural background.

Link: ASIAN | How You See Me

ACTIVITY

Identity Through Art



Jeong, Eunsoo. *"Koreangry"* Licensed under CC BY-NC-ND 2.0.

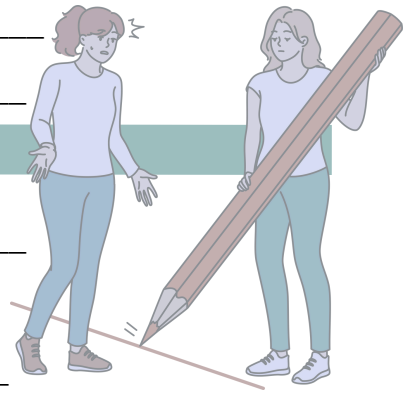
The artist, Eunsoo Jeong, was a formerly undocumented immigrant from Korea who had a hard time finding her identity due to the things people have assumed about her. Answer the following questions: what does this say about Asian American identity, how does this made you feel, and what do you think this artist is trying to say?

ACTIVITY

Differences/Similarities of an American/Asian American/Asian in America

Before answering the questions below, **read through all the questions** and think about the **differences** and **similarities** of each and brainstorm your thoughts.

1. How do you define an "American"?



2. How do you define "Asian American"?

3. How do you define an "Asian in America"?

MISCONCEPTIONS:
ASIAN AMERICAN VS. ASIAN IN AMERICA



Centinel. *"Asian American."* Licensed under CC BY-ND 2.0.

The term "Asian American" is not harmful itself, but rather it is how Asian Americans are *misconceived*. Westerners have made this identity noninclusive to the diverse populations of Asian Americans, seeing each individual as just Asian. This misconception erases the history of Asian Americans, and the backgrounds of each person.

Based on the previous activity, we see common overlap between an Asian in America, Asian American, and American. However, it's crucial to know the difference, and each term is a specific *identity* in which someone may resonate with. An individual may resonate with one, none, or a combination. These differences heavily depend on the person and how the identify themselves; throughout this workbook, think about what *you* might connect to and what you don't resonate with.



ChrisGoldNY "Young Boy in the Crimson Kings - 2011 Chinatown Veteran's Day Celebration, Kimlau Square NYC" Licensed under CC BY-NC 2.0.

THINKING ABOUT:
XENOPHOBIA

Xenophobia means "fear and hatred of strangers or foreigners or of anything that is strange or foreign," (Merriam Webster).

As we think about the clustered similar, yet different, terms of identity, be aware of **xenophobia** that may arise. There is prominent xenophobia in the U.S., and there must be a change in how we *view* one's identity, and how they identify themselves.



Watch This!:

Professor Erika Lee, a well known immigration and Asian American historian, discusses America's **Xenophobia** (the dislike of anything that is perceived as being foreign/ strange) and what we can do about it.

Link: Erika Lee, Xenophobia in America: How we got here and what's at stake. *TEDxTalks*

Link: Erika Lee's Website

ASIAN IMMIGRATION

Asian immigration marks the basis of Asian American identity. Throughout history, the experiences of entering the U.S. have varied widely among individuals of Asian descent, playing a significant role in shaping a person's identity and their life journey. The following sources (on this page and the next) offer an opportunity to explore and better understand the diverse and evolving processes of Asian immigration over the years.

Watch This!:

This video goes into how Asian American immigration has come in different waves. It includes discussion of voluntary and involuntary entry to the U.S., or rejection upon entry. Watch this video to visualize the *differences* in Asian immigration to the U.S. and how the differences *matter*.

Link: Waves of Immigrants: The Asian American Journey

Watch This!:

A brief overview the life of Asian immigrants upon entering the United States. Dr. Paul Watanabe discusses the longevity of Asian Immigrants, their journey on attaining education, and more.

Link: Asian Immigrants in the U.S., an Overview, *Dr. Paul Watanabe*



Neil. Moralee. "*Inscrutable 2*". Licensed under CC BY-NC-ND 2.0.

ASIAN IMMIGRATION

Read This!:

Created by the *South Asian American Digital Archive;* get a glimpse at the rich history of South Asian immigration to the United States. Browse their website for more resources and projects.

Link: An Introduction to South Asian American History

Look At This!:

Project by the *South Asian American Digital Archive* that aims to preserve and share Asian immigrants' and refugees' stories on their move to America.

Link: First Days Project, *South Asian American Digital Archive*



Barbsart. "*Southeast Asian refugees enter the US for the first time, 1979*"
Licensed under CC BY-SA 4.0.

DIFFERENCES OF ASIAN IMMIGRATION

The distinct experiences of how Asian Americans arrived in the U.S. shape unique stories, identities, and struggles that challenge the oversimplified stereotypes. Understanding the differences is crucial to appreciating the individual stories within Asian American identities. Recognizing these variations emphasizes that Asian American identity should not be simplified, as it is shaped by different histories, and circumstances. This perspective broadens how we view and represent Asian Americans, upholding inclusivity and getting rid of harmful assumptions.

Know the Difference:

Immigrants often arrive voluntarily, seeking better opportunities, whereas **refugees** are forced to flee due to U.S. war, imperialism in Asia, persecution, or crises and must seek **asylum**. While immigrants come to the U.S. voluntarily, refugees, come **involuntarily**.

It's also important to know that an **undocumented** individual is a person without the proper documentation to be of legal status in the U.S..



Government Press Office (GPO). "*Vietnamese Refugees Airport*" Licensed under CC BY-NC-SA 2.0.

ACTIVITY

Your Family's Story

We have reviewed a lot about Asian Immigration as a broad topic. Let's narrow it down to a more *specified narrative*. Write a brief story (at least 5 sentences) of how your family migrated to the U.S. If you are not familiar with their story, find a story of interest online and write: a summary, things you found interesting, and what you want to learn more about.

ACTIVITY

Identity Through Art



Hong, Jackie *"Generations"* Licensed under CC BY-NC-ND 2.0.

The artist Jackie Hong explains that every generation is different in their own way, and this is represented by how each generation communicates with one another. Answer the following questions: what does this say about Asian American identity, how does this made you feel, and what do you think this artist is trying to say?

ASIAN AMERICAN FIGURES YOU MAY BE FAMILIAR WITH

Below are Asian American individuals with very different backgrounds and narratives. With this in mind, note that there *diverse* and *unique* experiences of Asian Americans that isn't what is the *expected* Asian American experience portrayed by the West.



Gage Skidmore. *"Dave Bautista"* Licensed under CC BY-SA 2.0.

Dave Bautista, known as Drax from *Guardians of the Galaxy*, is a retired professional wrestler and an American actor. With his Filipino-Greek heritage, he takes pride in his Asian American identity and speaks on issues like Asian hate. Growing up as a person of mixed race and raised by a single lesbian mother, he became devoted to spreading diversity in the entertainment industry.



JazzyJoeyD. *"US Olympic Gymnast Suni Lee"*. Licensed under CC BY-SA 4.0.

Suni Lee, a Hmong American Olympic gold medalist (2020 and 2024). Lee suffered from a kidney ailment that affected her training for the Olympics. She overcame many personal and health issues, but participated in the 2024 Olympics, making the Hmong American community proud. Growing up as a daughter of Hmong refugees that fled after the Vietnam war, she built her gymnast career on her own with help from her family growing up.

ASIAN AMERICAN FIGURES YOU MAY BE FAMILIAR WITH



"Announcement of Senator Kamala Harris as Candidate for Vice President of the United States" Licensed under CC BY-NC-SA 2.0.

Kamala Harris, an Indian-Jamaican American, who was elected as the first woman, first Black, and first South Asian American Vice President of the United States. Harris celebrates her heritage and has broke many boundaries within American politics as a woman of color. With her many "firsts" achievements, Harris acts as a role model to many, as many citizens relate to the shared experience of being a child of immigrants or seen as an outsider to many Americans, and as an individual who grew up in the middle class.



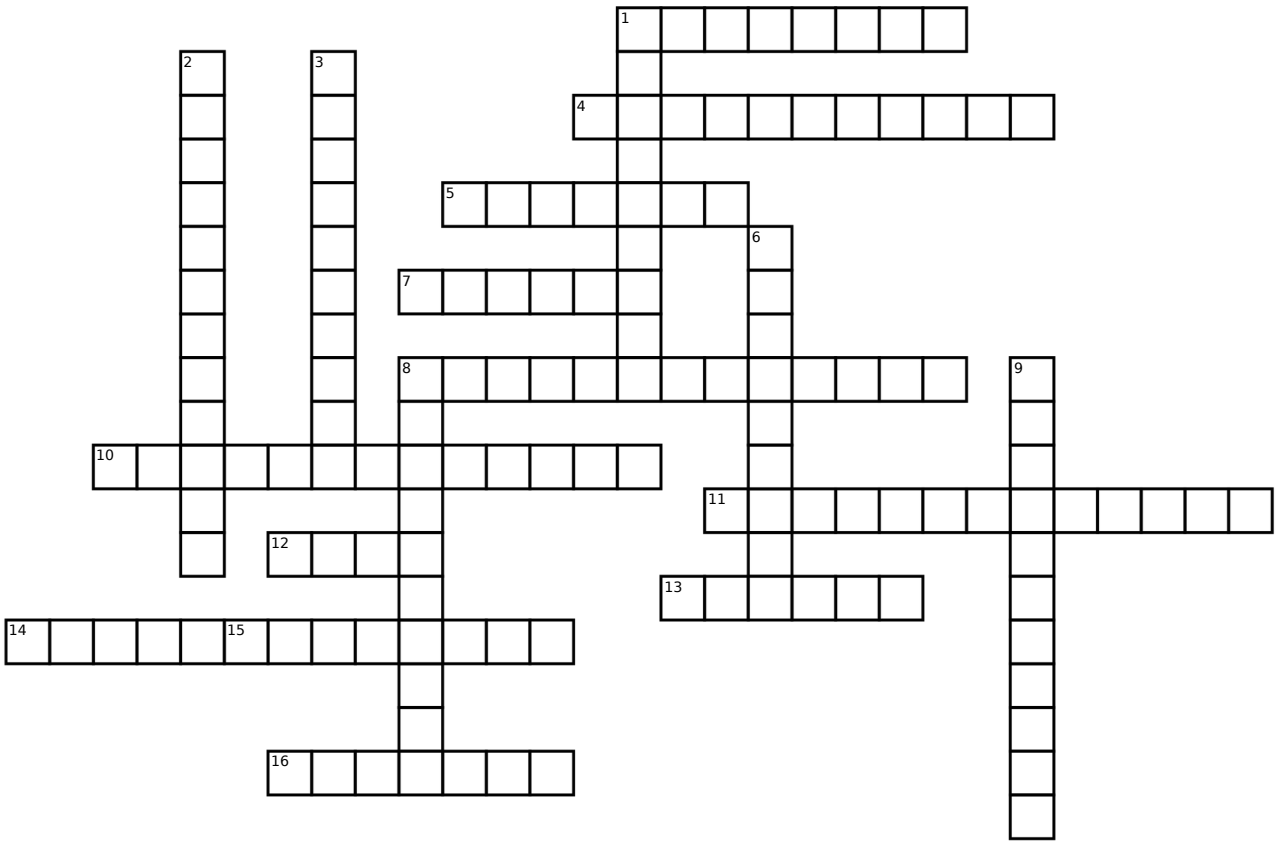
Mr_Dume. "*Hayley Kiyoko 2018*" Licensed under CC BY 3.0.

Hayley Kiyoko is a queer Asian American actress and artist, and is known for her work in Disney's "*Wizard of Waverly Place*" and "*Lemonade Mouth*." She made her musical debut as a solo artist, releasing her single, "*Girls Like Girls.*" As an out lesbian Asian American, her openness and activism in her lyrics challenge norms and create possibilities for queer youth. As a bi-racial (Japanese and white) Asian American, she actively keeps in touch with her Asian American communities, roots, and culture, while being vocal about her sexuality.

Every Asian American has their own personal narrative beyond the "typical Asian American" story. Think about the people in *your* life, including yourself. As you think about what is familiar to you, notice how each person's background has unique components that may overlap with other's, but still stands as its own distinct narrative.

CROSSWORD PUZZLE

Identity	Stigma	Stereotype	Immigrant	Race	Immigration
Fluid Identity	Orientalism	Diverse	Asylum	Societal Norms	Ethnicity
Xenophobia	Asian American	Noninclusive	Refugee	Misconception	



Across:

1. The distinguishing character or personality of an individual
4. The action of coming to live permanently in a foreign country.
5. A person who has been forced to leave their country in order to escape war, persecution, or natural disaster.
7. A mark of disgrace associated with a particular circumstance, quality, or person.
8. The shared expectations and rules that govern how people behave in a society
10. Americans with ancestry from Asia
11. A view or opinion that is incorrect because based on faulty thinking or understanding.
12. Divides human populations into groups often based on physical appearance, social factors and cultural backgrounds.
13. The protection granted by a nation to someone who has left their native country as a political refugee.
14. The idea that a person's identity is constantly changing and evolving
16. Showing a great deal of variety; very different .

Down:

1. A person who comes to live permanently in a foreign country.
2. Not including all possible elements; not exhaustive.
3. Dislike of or prejudice against people from other countries.
6. A term that refers to the social and cultural characteristics, backgrounds, or experiences shared by a group of people.
8. A widely held but fixed and over-simplified image or idea of a particular type of person or thing.
9. The distinction made between 'the Orient' and ... 'the Occident

Answers on Page 35

SPECIFICITY OF ASIAN AMERICAN IDENTITY

Asian American identity is complex, as individuals are exploring self-identification. As the “Asian American” is a **pan-ethnic** identity, some embrace the identity with many other identities. Studies highlight how ethnic identity choices are shaped by personal experiences and societal pressures (Lien, 2003). For many, terms like a "Vietnamese American" feel more authentic and personalized to an individual, as it acknowledges their unique cultural histories and resisting the homogenization of Asian American identity. Still, the individual may also relate to “Asian American” on a political level. This specificity illustrates the diversity within the Asian American experience and challenges the oversimplified narratives often imposed on these communities.

Look At This!:

Explore all the different AAPI identities!

Link: Asian and Pacific Islander Identities and Diversity

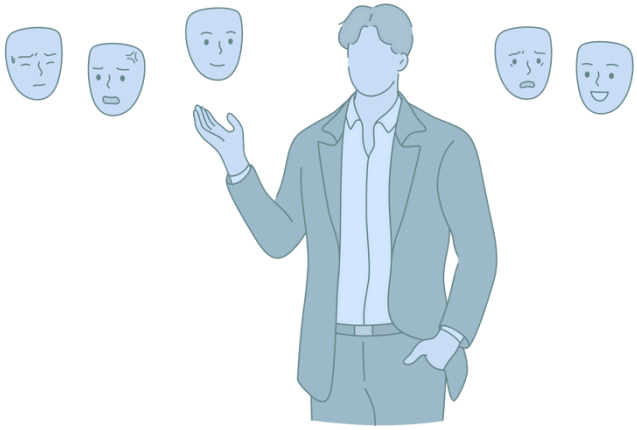


Shankar S. "A young SE Asian woman- this one even has her young son with her" Licensed under CC BY 2.0.

‘”I just couldn’t relate to that Asian American narrative’: How Southeast Asian Americans reconsider panethnicity." Yamashita, Liann. Sociology of Race and Ethnicity

ASIAN AMERICAN STRUGGLE FOR IDENTITY

With the broad label of Asian Americans, created by America, it is easy for all Asian Americans to fall under the same stereotypes. In effect, the Asian American experience has been hard for many Asian Americans subjected to the same harmful stereotypes.



Many generations of Asian Americans *born in the U.S.* after the Asian-born generations are also subjected to stereotypes within their own ethnic community as well. In some situations, some individuals are called out for being “white washed” and unable to speak their native language or follow their cultural practices.

Watch This!:

YouTuber, Emirichu, released this video “My Asian-American Identity Crisis” during the CoViD-19 Pandemic. In this video, she discusses the struggles she has as a Korean American. In this experience, she struggled with things such as not being able to speak her native language, and not fitting the model minority sterotype.

Link: My Asian-American Identity Crisis

ASIAN AMERICAN STRUGGLE FOR IDENTITY

Watch This!:

This video delves into the history of Asian American exclusion, with emphasis on the 19th & 20th century and the 1965 Immigration Act. They talk about how Asians have been excluded, discriminated against, and prevented from becoming citizens. All of these actions have been implemented because of the *differences* Asian descendants had from the West.

Link: Exclusion: The Shared Asian American Experience



Canonsnapper. *"Oriental Studies? - Piece of Cake."* Licensed under CC BY-NC-ND 2.0.

It is even more difficult for Asian Americans to find their identity when there are two societal expectations placed on them. Americans may consider them “too foreign” while those of the same background might say they are “too white washed.”

The struggle to find identity creates a blur in between the generations, making it harder to find a true defined meaning of what it means to be an Asian American.

It’s crucial to understand that every individual forms their own narrative at their own pace, and expectations of others should not affect this process.

ACTIVITY

What You Wish People Knew About You

WHAT DO PEOPLE ASSUME?

Based on what broad stereotypes you learned about Asian Americans, write what people have assumed about you? This can applies to a wide array of things: your hobbies, your personality, your cultural background, your interests, etc.

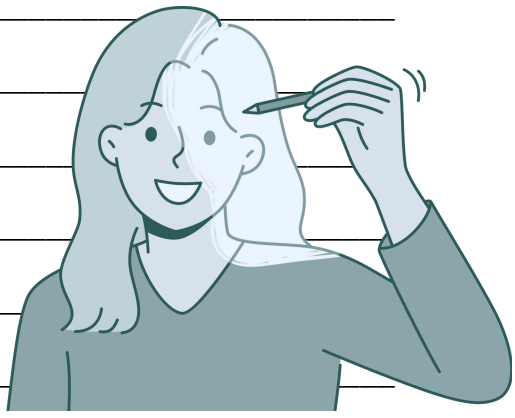
WHAT YOU WISH PEOPLE KNEW

It's important to realize that there's a difference between what others *assume about you* and what *you know about yourself*. In contrast to others' perception of you, draft things you wish people knew about you (things to clarify, things people don't know about you, etc).

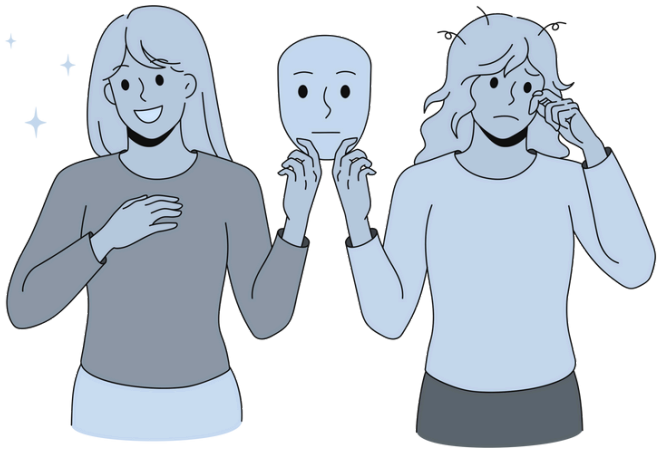
ACTIVITY

How Do You Define Yourself Now?

Throughout this workbook, you learned how to define identity, think about the misconceptions of the Asian American identity, and what *you* know about your current identity. Tying it all together, write a brief paragraph (4-5 sentences) on how you define yourself now. Consider the identities you *don't know well* and try to incorporate a *plan* on how you will work to define those identities.



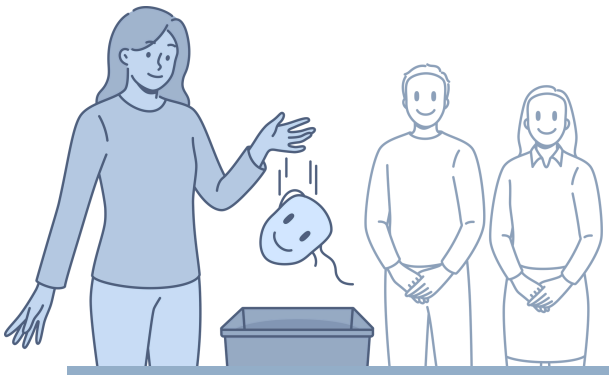
TYING IT ALL TOGETHER



Understanding the history of Asian American identity is essential to breaking free from enforced stereotypes and redefining oneself beyond societal labels. Asian Americans have long been subjected to simplified narratives.

By examining stereotypes and Asian American history, individuals can learn to embrace identities that reflect their unique heritage, family histories, and personal narratives, rather than the oversimplified definitions imposed by American society. This is not limited to Asian Americans; it correlates to anyone navigating identity within a broad and often reduced community.

Individuals can think critically about how they relate to their cultural and national identities, empowering them to define themselves authentically. We can shape a future where diversity and identity is celebrated, challenging the systems that condense them into inaccurate stereotypes.



> "We have to build things that we want to see accomplished, in life and in our country, based on our own personal experiences ... to make sure that others ... do not have to suffer the same discrimination." Patsy Mink

END OF THE YEAR REFLECTION

At the end of the year, come back to this page to reflect what you learned about your identity - new things you discovered, what parts of your identity you *enhanced* and what is still unclear (Add as many as possible!). Use this page to reflect on changes in your fluid identity.

New Discoveries About Your Identity

Parts of Identity Enhanced

Parts of Identity Still Unclear (What you want uncover!)

GLOSSARY

Asian American: Americans with ancestry from Asia
Asian Hate: A form of racism that involves discrimination, mistreatment, and prejudice against people of Asian descent
Asylum: The protection granted by a nation to someone who has left their native country as a political refugee.
Binary: Relating to, composed of, or involving two things.
Class: The system of ordering a society in which people are divided into sets based on perceived social or economic status.
Culture: The customs, arts, social institutions, and achievements of a particular nation, people, or other social group.
Diverse: Showing a great deal of variety; very different .
Ethnicity: A term that refers to the social and cultural characteristics, backgrounds, or experiences shared by a group of people.
Fluid Identity: The idea that a person's identity is constantly changing and evolving
Gender: The social, psychological, cultural and behavioral aspects of being a man, woman, or other gender identity.
Identity: The distinguishing character or personality of an individual
Immigrant: A person who comes to live permanently in a foreign country.
Immigration: The action of coming to live permanently in a foreign country.
Inclusive: Including or encompassing the stated limit or extremes in consideration or account
Misconceptions: A view or opinion that is incorrect because based on faulty thinking or understanding

GLOSSARY

Model Minority: Often applied to Asian Americans, who, as a group, are often praised for apparent success across academic, economic, and cultural domains—successes typically offered in contrast to the perceived achievements of other racial groups.

Noninclusive: Not including all possible elements; not exhaustive.

Orientalism: The representation of Asia, especially the Middle East, in a stereotyped way that is regarded as embodying a colonialist attitude.

Perpetual Foreigner: Xenophobic idea that members of ethnic minorities are seen as "the other" in society, regardless of citizenship

Race: A social construct that groups people based on perceived physical characteristics, such as skin color and facial features

Racism: When a person is treated worse, excluded, disadvantaged, harassed, bullied, humiliated or degraded because of their race or ethnicity.

Refugee: A person who has been forced to leave their country in order to escape war, persecution, or natural disaster.

Sexuality: Your sexual feelings, thoughts, attractions and behaviours towards other people

Societal Norms: The shared expectations and rules that govern how people behave in a society

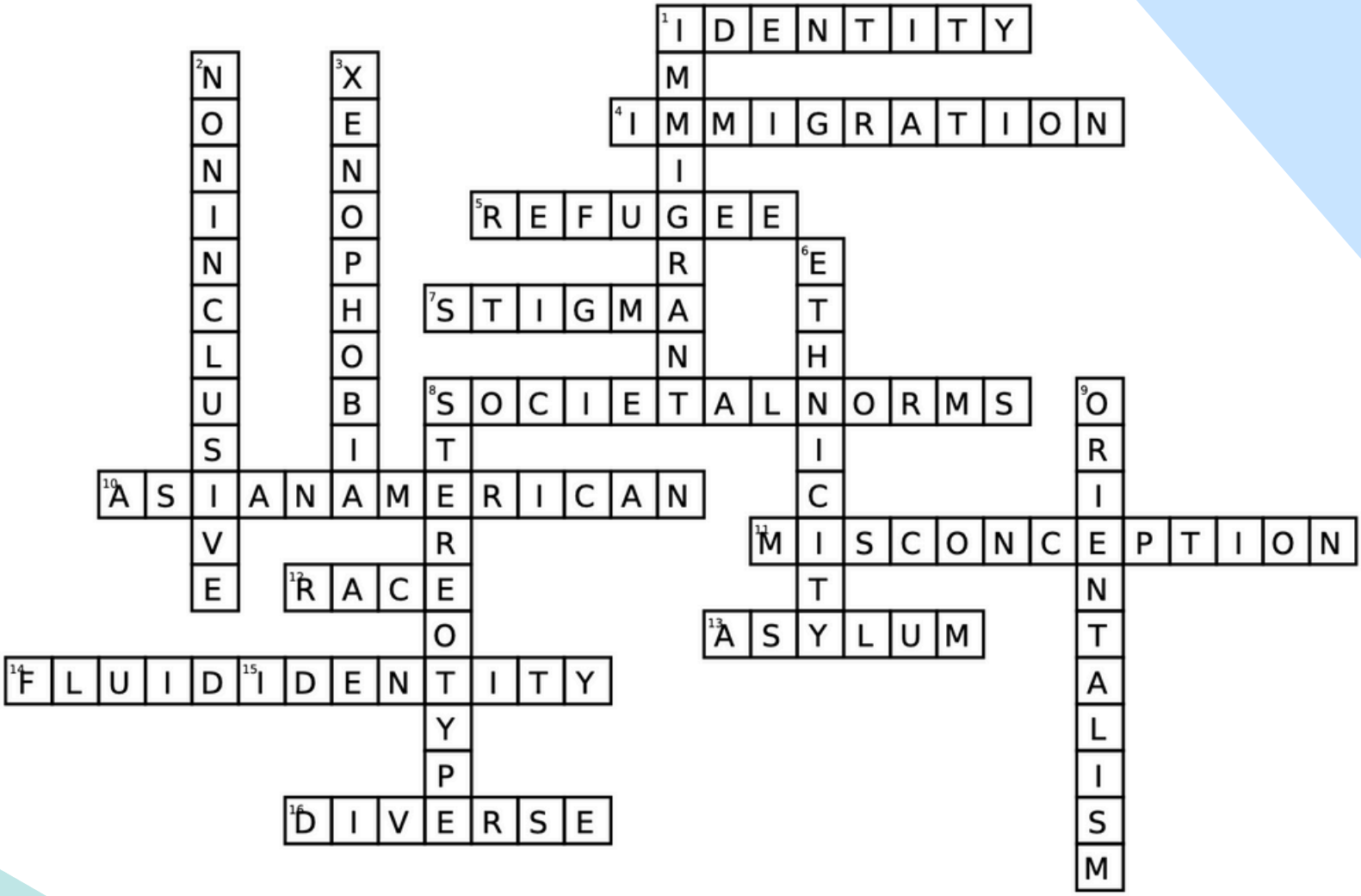
Stereotypes: A widely held but fixed and over-simplified image or idea of a particular type of person or thing.

Stigma: A mark of disgrace associated with a particular circumstance, quality, or person.

Xenophobia: Dislike of or prejudice against people from other countries.

Source: Oxnard Languages

CROSSWORD PUZZLE: ANSWER KEY



WORKS CITED

1990 Institute. (2023, March 24). Exclusion: The Shared Asian American Experience [Video]. YouTube. https://www.youtube.com/watch?v=eJnIwru-Tjw

1990 Institute. (2023, March 29). Waves of Immigrants: The Asian American Journey [Video]. YouTube. https://www.youtube.com/watch?v=dwtke08c48U

AMAZE Org. (2019, June 20). Range of Gender Identities [Video]. YouTube. https://www.youtube.com/watch?v=i83VQIaDlQw

Cheng , C. (2021, March 15). The Asian American Studies Center's Enduring Legacy. UCLA Magazine. https://newsroom.ucla.edu/magazine/ucla-asian-american-studies-center

Emirichu. (2020, June 28). My Asian-American Identity Crisis [Video]. YouTube. https://www.youtube.com/watch?v=d2eVEjzM4FI

Helpful Professor Explains!. (2021, December 20). 8 Examples of Social Identities (Race, Gender, etc.) [Video]. YouTube. https://www.youtube.com/watch?v=vvRNvvY0_UM

Kang , J. C. (2021, October 8). The Myth of Asian American Identity. The New York Times. https://www.nytimes.com/2021/10/05/magazine/asian-american-identity.html

Kiang, Lisa, et al. "Moving beyond the model minority." Asian American Journal of Psychology 8.1 (2017): 1.

Lien, P. T., Margaret Conway, M., & Wong, J. (2003). The contours and sources of ethnic identity choices among Asian Americans. Social science quarterly, 84(2), 461-481.

Luca , A. D., & Riyait, J. What We Look Like. The New York Times. https://www.nytimes.com/2020/06/06/us/coronavirus-race-artists-asian-american-identity.html

(n.d.). First Days Project. South Asian American Digital Archive. https://firstdays.saada.org/

Participant. (2016, October 31). ASIAN | How You See Me [Video]. YouTube. https://www.youtube.com/watch?v=OTLtjGUGgN8

Psych2Go. (2019, February 27). 10 Sexualities To Know About [Video]. YouTube. https://www.youtube.com/watch?v=SEurlKy2bN0

Rumbaut, Rubén G. "The structure of refuge: Southeast Asian refugees in the United States, 1975- 1985." International Review of Comparative Public Policy 1 (1989): 97-129.

Ted X Talks. (2020, October 27). Xenophobia in America: How we got here and what's at stake | Erika Lee | TEDxMinneapolis [Video]. YouTube.https://www.youtube.com /watch?v=9iybtxQqLqU

The Immigrant Learning Center. (2013, July 8). Asian Immigrants in the U.S., an Overview, by Dr. Paul Watanabe [Video]. YouTube. https://www.youtube.com/watch?v=Z5GWnfJD6LA

Verghese , N. What Is Orientalism? A Stereotyped, Colonialist Vision of Asian Cultures. Teen Vogue. https://www.teenvogue.com/story/what-is-orientalism

Wong, Kevin Scott. "East Asian Immigrants." The Oxford Handbook of Asian American History. New York: Oxford University Press, 2016. 104.

Yamashita, Liann. "“I just couldn't relate to that Asian American narrative”: How Southeast Asian Americans reconsider panethnicity." Sociology of Race and Ethnicity 8.2 (2022): 250- 266.

PERSONAL RESOURCES

Link: Community Resources, *Stop AAPI Hate*

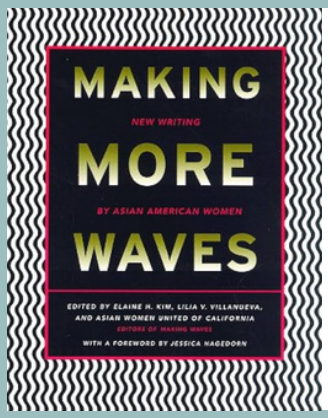
- Know Your Rights
- Misinformation and Disinformation
- Mental Health
- Public Safety
- Legal Support
- Rapid Response
- Voter Education

Link: Anti- Asian Bias Reporting Form

- Report an anti-Asian incident to the Asian American Federation
- Advocates for a better response to the crimes
- Can be anonymous and is confidential

Link: Emergency and Crisis Hotline Resource List

- Hotlines for numerous things:
  - Mental health
  - Suicide Prevention
  - Immigration
  - Domestic abuse
  - Live chats with a counselor



Making More Waves

- Check out this book by a range of Asian-American women writers!
  - Explores identities through poetry, fiction, essays, and memoirs all in one book